



CHARITY FOUNDATION
WOMAN HEALTH
& FAMILY PLANNING

Annual report | 2023



For their work, the CF Woman Health and Family Planning received a letter of appreciation from the Ministry of Health of Ukraine

Woman Health & Family Planning Charity Foundation (WHFP) is an organization that has been consistently and actively working since 1996 in the domain of public, sexual and reproductive health all over Ukraine. The Foundation is also a member of the International Planned Parenthood Federation (IPPF), the European Breast Cancer Coalition (EUROPA DONNA), and the Network for Reproductive Health and Rights in Central and Eastern Europe (ASTRA).

- protection of sexual and reproductive health, including for people with disabilities
 - contraception
 - STI prevention
 - safe abortion
 - comprehensive sexual education
- advocacy and awareness-raising in public health
- NCD prevention programs, including cancer prevention
- training for healthcare professionals, social workers, teachers, psychologists, etc.
- support of healthcare facilities for barrier-free access
- capacity-building of healthcare workers to respond to gender-based violence
- independent expertise
- advocacy at the national level
- rehabilitation programs for cancer patients

2023 was the second year of Russia's full-scale invasion of Ukraine. Owing to the defenders of the Ukrainian Defense Forces, we were able to continue our work and take care of Ukrainians' health. In 2023, the WHFP collaborated with the following donor and partner organizations: IPPF, UNFPA, CARE and GFA Consulting Group Germany/SDC.

Policy Component

- As part of the MOH working group, the WHFP experts worked on the development and approval of the Standards of Care "Medical Abortion (1st and 2nd Trimesters of Pregnancy)" in line with WHO standards
- They developed and facilitated the inclusion of equipment for obstetric and gynecological services in the list of equipment and medical supplies, including for people with disabilities





Annual grant from the International Planned Parenthood Federation/IPPF

Annually, from January 1 to December 31

- Arrange and provide small grants to civil society organizations working in the field of sexual and reproductive health
- Trainings for youth-friendly clinics
- Support for awareness-raising programs
- 50 teachers, psychologists, and social workers were trained in comprehensive sex education
- 4,063 participants who participated in comprehensive sex education activities among adolescents and youth
- 187,200 condoms were distributed to youth-friendly clinics

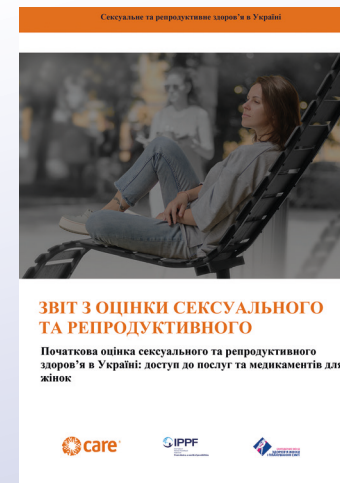
Meeting the Essential SRH Needs of Communities Affected by the Ukraine Crisis in Ukraine Project in cooperation with the International Planned Parenthood Federation (IPPF) and under financial support of the UK Foreign, Commonwealth and Development Office (FCDO)

October 2022 – December 2023

- Equip healthcare facilities with medication kits to deliver safe abortion services and comprehensive care to victims of sexual violence
- Trainings to raise the capacity of healthcare facilities and health professionals to provide family planning services, safe abortion, and response to gender-based violence
- 6 oblasts: Vinnytsia, Kirovohrad, Odesa, Poltava, Khmelnytskyi and Rivne oblasts
- 7 model clinics to provide safe abortion services at the premises of public healthcare facilities
- 9 healthcare facilities with equipped barrier-free gynecological rooms
- 95 healthcare workers who completed a five-day training on safe abortion



link to video from trainings





Meeting the Essential SRH Needs of Communities Affected by the Ukraine Crisis in Ukraine Project under the support of the International Planned Parenthood Federation (IPPF) and the Alliance for Open Society International (AOSI)

October 2022 – May 2023

- Promote access to and provision of sexual and reproductive health services, support for obstetric care and response to gender-based violence
- Professional upgrade of healthcare workers regarding medical assistance in case of sexual violence:
 - 1 oblast: Vinnytsia oblast
 - 93 trained health professionals
 - 8,306 kits to assist in childbirth, miscarriages, in case of rape, suture material, consumables
 - 1,287 women received health services related to sexual and reproductive health



Grant for Meeting the Essential SRH Needs of Communities Affected by the Ukraine Crisis in Ukraine Project under financial support of Bundesministerium für wirtschaftliche Zusammenarbeit und Entwicklung, BMZ

February 2023 – December 2023

- Equip healthcare facilities with medication kits to deliver comprehensive care to victims of sexual violence
- 14 oblasts: Odesa, Poltava, Kirovohrad, Kyiv, Vinnytsia, Khmelnytskyi, Sumy, Zaporizhzhia, Lviv, Rivne, Cherkasy and Chernivtsi oblasts
- 30 healthcare facilities
- 105 kits for the treatment of rape victims, assistance in childbirth, miscarriages, suture materials, and disposable and reusable supplies.

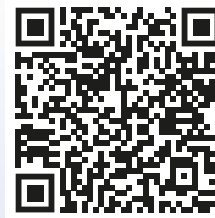
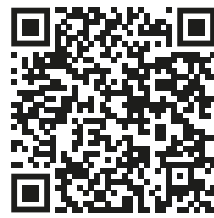




Mitigate the Consequences of Sexual and Gender-Based Violence and Facilitate Access to Essential Services and CSE for Conflict-Affected People in Ukraine Project implemented under the support of the International Planned Parenthood Federation (IPPF) and financial support of the Government of Japan

January – June 2024

- Strengthen the capacity of healthcare facilities and healthcare workers to provide comprehensive care to victims of sexual and gender-based violence, as well as emergency obstetric and neonatal care.
- Increase access to sexual and reproductive health referral services (including for victims of sexual and gender-based violence).
- Comprehensive sex education programs for young people
- Strengthen the capacity of educational professionals with respect to comprehensive sex education for adolescents and young people
- 22 oblasts: Poltava and Odesa oblasts
- 120 trained health professionals (obstetricians and gynecologists, anesthetists, midwives and nurses)
- 50 teachers were trained in sexual education
- Over 750,000 young people received information on sex education



link to video from trainings



Humanitarian response activities in sexual and reproductive health services of UNFPA, the UN Population Fund in Ukraine

February — December 2022

- Equip healthcare facilities in different regions with modern medical equipment and provide medical supplies for rendering gynecological services to all women, including women with disabilities
 - Build the capacity of healthcare facilities and relations with local governments as a part of the Minimum Initial Service Package (MISP)
 - Train healthcare workers in providing sexual and reproductive health services to vulnerable women populations, women with disabilities, women who survived gender-based violence and internally displaced women
 - Advocacy activities aimed at improving the quality assessment of sexual and reproductive health services, awareness-raising and educational activities
- 7 oblasts: Chernihiv, Cherkasy, Chernivtsi, Ivano-Frankivsk, Ternopil, Donetsk and Khmelnytskyi oblasts
 - 15 healthcare facilities
 - 3,661 trained health professionals
 - 47 gynecological rooms with barrier-free access were equipped
- Improve access to HIV testing for victims of gender-based violence as part of the project “Improving the Process of HIV Counseling and Testing for Clients of Social and Psychological Care Programs for Victims of Gender-Based Violence” under the support of the UN Population Fund in Ukraine – UNFPA Ukraine, UBRAF and the Joint United Nations Program on HIV/AIDS in Ukraine



link to video from trainings





Mitigating the Consequences of Sexual and Gender-Based Violence among Those Affected by Conflict in Ukraine Project in partnership and under the support of the International Planned Parenthood Federation/IPPF and CARE

May 2022 – February 2023

- Strengthen the capacity of healthcare facilities and healthcare workers to provide care in cases of sexual violence
- Increase access to psychosocial services for victims of gender-based violence
- Raise awareness among victims of gender-based violence
- 4 oblasts: Kyiv, Poltava, Kirovohrad and Odesa oblasts
- 12 healthcare facilities with equipped barrier-free gynecological rooms
- 341 trained healthcare workers
- 1,000 first aid kits were delivered to the victims



Lifesaving, Gender-Sensitive and Inclusive SRH and GBV Assistance for Conflict-Affected People of All Genders in Ukraine and Poland Project in cooperation with the international humanitarian organization CARE under the support of the German Federal Foreign Office

September 2023 – December 2024, the project is being actively implemented

- Train healthcare workers to provide the Minimum Initial Service Package for SRH, including clinical management of rape
- Provide healthcare facilities with equipment and medicines, including kits for safe abortion, clinical treatment of rape, childbirth, etc.
- Create a chatbot with basic information on sexual and reproductive health as well as combating gender-based violence, and contacts for victims of violence to get help (medical, legal, psychosocial).
- A hotline on SRH and combating GBV to provide counseling, particularly for people in remote areas or in non-government-controlled areas who do not have access to specialized services.
- 2 oblasts: Dnipropetrovsk and Zaporizhzhia oblasts
- 12 healthcare facilities with equipped barrier-free gynecological rooms





Humanitarian Assistance to Besieged Cities and IDP-Hosting Locations Inside Ukraine Project implemented by the WHFP under the support of CARE and financial support of DEC (Disaster Emergency Committee)

September 2022 – August 2023

- Needs assessment of the facilities in terms of providing services to victims of gender-based/sexual violence.
- Training of healthcare professionals in providing services to victims of gender-based/sexual violence.
- An information campaign to raise awareness among women and girls about available services and medicines.
- 4 oblasts: Kirovohrad, Kyiv, Odesa and Poltava oblasts
- 4 healthcare facilities
- 92 trained health professionals

Lifesaving SRH and Protection Assistance for Crisis-Affected IDPs and Host Communities in Eastern Ukraine, 2023–2024 Project in cooperation with the international humanitarian organization CARE under financial support of the Government of Canada

April 2022 – March 2023

- Train healthcare workers to provide the Minimum Initial Service Package for SRH, including counteraction to gender-based violence and clinical management of rape
- Gynecological rooms with barrier-free access in healthcare facilities have been equipped with both equipment and medications, clinical kits and contraceptives.
- Advocacy and awareness-raising for women and girls about the services they can receive in healthcare facilities.
- 3 oblasts: Kharkiv, Mykolaiv and Odesa oblasts
- 12 healthcare facilities
- 238 trained health professionals
- 8 gynecological rooms with barrier-free access
- 184 pieces of equipment for gynecological rooms
- 1193 sets of medical supplies





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Improving non-communicable disease outcomes:
barriers and opportunities for the health care
system in Ukraine



Communication strategy for the prevention of
non-communicable diseases in Ukraine for 2023-
2030



Prevention and control of non-communicable dis-
eases in Ukraine

Reducing Risk-Factors for Non-Communicable Diseases (NCDs) in Ukraine Project in partnership with GFA Consulting Group, Germany, University Hospitals of Geneva, One Health under financial support of SDC

a four-year project, November 2020 – October 2024

Pilot regions: Dnipropetrovsk, Lviv, Poltava, Rivne and Kherson oblasts

The project aims to reduce the risk factors for non-communicable diseases, promote overall well-being and increase life expectancy for men and women in Ukraine through an integrated, multidisciplinary approach covering the entire human life cycle.

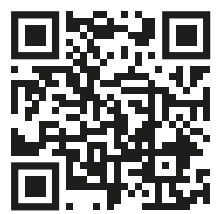
- Professional and institutional capacity-building of the Ministry of Health, the UPHC and regional centers for disease prevention and control in terms of NCD prevention and control
 - Support proper communication and cooperation in NCD prevention and control
 - Strengthen the regulatory environment for NCD prevention and control
 - Strengthen the professional capacity of primary care providers to render integrated services for the prevention, treatment and management of NCDs
 - Develop and implement a model of care that meets the needs of people with chronic diseases or at risk of developing them.
 - Strengthen the capacity of schools, public health centers and communities to implement interventions to reduce NCD risks, change behaviors, and improve knowledge and attitudes toward health.
 - Promotion of healthy lifestyles and awareness-raising campaigns to change people's behavior
- a number of studies have been conducted in the field of NCDs;
 - training courses (including online) were developed and conducted for public health professionals, managers, and primary care providers; about 2,500 public health professionals and more than 1,000 family doctors and primary care nurses were trained;
 - national and regional NCD knowledge centers were established, where about 5,000 specialists were trained both offline and online;
 - a number of interventions for schools were implemented: 93 schools in the pilot regions implemented interactive health promotion activities, including interventions on physical activity, healthy nutrition, and mental health; 750 sports events were held for more than 15,000 students;
 - 21 communities were supported by the project in implementing initiatives aimed at preventing NCD risk factors and promoting healthy lifestyles;
 - over 340 media products (videos, printed materials, press releases, publications, etc.) were created and distributed among target audiences.



Gynuity Health Projects

June – July 2023

- Organize and conduct the study “Evaluation of Telemedicine Medical Abortion Using a No-Test Protocol in the Eastern Europe and Central Asian Region: Evidence from Ukraine, Uzbekistan, and Azerbaijan”



Evaluation of telemedicine medical abortion using a no-test protocol in the Eastern Europe and Central Asian region: Evidence from Ukraine, Uzbekistan, and Azerbaijan

Mary Kay

Annually, from January 1 to December 31

- Organize rehabilitation programs for women who have had breast cancer





Financial Statement of the Foundation

Total:

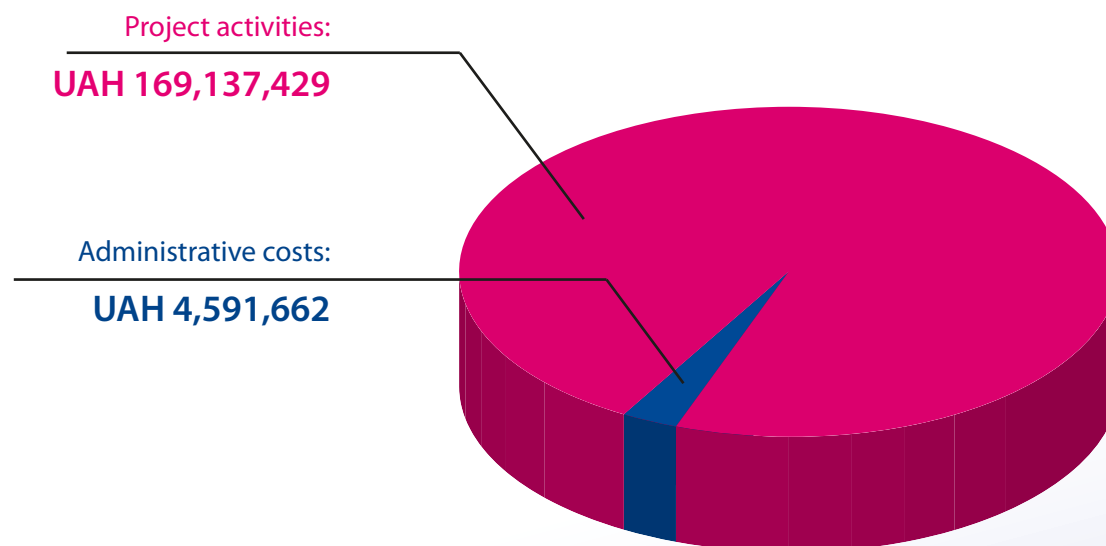
UAH 173,729,091

Administrative costs:

UAH 4,591,662

Project activities:

UAH 169,137,429





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01024, Ukraine, Kyiv,
9A, Hetmana Pavla Skoropadskogo str.
Phone: +38 044 596 50 99
www.womanhealth.org.ua